

# KEYNOTE SPEAKER

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## **Mark J. Lindquist**

As seen on ABC's LOST, CBS' Hawaii Five-O and the Universal Studios movie "Battleship," Mark J. Lindquist is a nationally recognized motivational speaker, highly sought-after success coach, lead singer of the Mark J. Lindquist Big Band, world-touring entertainer, US Air Force and Afghanistan war veteran, and author of the books, "Passion! 8 Steps to Reignite Yours," "Passion! 8 Steps to Find Yours" and "Service! My Way of Life."

Mark has performed live for over 2 million people throughout his career. He has performed for Grammy winning artists, Academy Award nominated actors, foreign dignitaries around the world as well as staffers at the White House. Currently, Mark travels the country delivering keynote addresses for businesses and performs the National Anthem for collegiate and professional sports teams.



Mark founded Mark J. Lindquist Enterprises, Inc. in order to bring smiles to the faces of people and ignite passion all over the world. Mark is a former AmeriCorps member, as well as a former Sergeant in the United States Air Force and an Afghanistan War Veteran who currently lives in Fargo, North Dakota.

## **"Passion! (8 Steps to Reignite Yours)"**

**Thursday, October 26, 10:15 - 11:45am - Norway Center**

*As working professionals, we could all use a little jolt from time to time. This session may be the only time all year when you take a moment to reflect on the things you need to do to reignite the passion that brought you into the workforce in the first place. World-touring entertainer and actor Mark J. Lindquist offers a keynote that is as entertaining as it is enlightening as he sends you out the door on fire.*

### *Learning Objectives:*

- Participants will gain an awareness of the mental roadblocks that stand in the way of progress; this progress can be in our personal lives, the workplace, or in the pursuit of our passions.*
- Audience members will gain an understanding of the importance of a workplace culture that is dedicated to the development of an individual's strengths. The quickest way to reignite a person's passion for what they do is to develop a culture that honors the strengths of the individual and allows them to make major contributions to the organization within their strength zone.*
- Members of your team will leave with an expanded vision for their future within your organization. Many of us feel "stuck" from time to time as we progress through our working lives. Whether it is your first week on the job or you are a CEO of the organization, individuals will leave this session with a new vision for the future that will propel them out of the rut and into an exciting journey toward a passion-filled life in all areas, at work and at home.*

# GENERAL SESSION SPEAKERS

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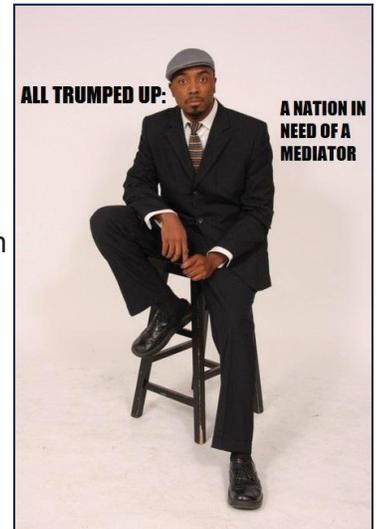
## **“All Trumped Up”**

Wednesday, October 25, 9:30am, Norway Center  
Presented by Andre Koen

In this workshop you will learn how to understand the importance of controlling your emotions, your tongue and your mind. We will discuss how to deal with and understand that all people do not see the world that you do. How to tame your own ego and entertain their ego. You set the civil tone, reconcile, collaborate, console. We will learn to listen, the better you listen the closer to the core you get.

*Andre Koen is an energetic presenter, a powerful communicator, and a dynamic teacher. He is a son of a Black Panther turned preacher. There are many words that describe him. The most illustrative is, “Andre, the Enkindled Spirit”. He provides face-to-face and online courses on diversity education including leadership development, empowerment training, cross-cultural competence, sensitivity training, anti-racism training and team building. His weekly blog includes ideas for controlling, removing, and fighting discrimination.*

*Koen has been honored by the National Association of Human Rights Workers as its Worker of the Year, and he has received the American Red Cross Marketing and Community Presentations Volunteer of the Year awards for community service.*

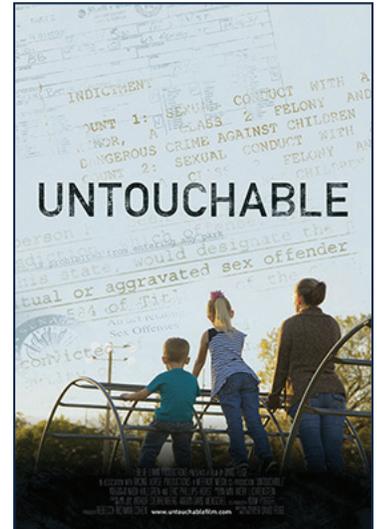


## **“Untouchable”: An Important Documentary**

Friday, October 27, 9am, Norway Center  
Produced and Directed by David Feige

Untouchable: a documentary that ventures into one of the most difficult and emotional criminal justice issues of our time, the registration and restriction of sex offenders. It is an eye-opening and powerful piece of work that compels us to look at both sides of a controversial fence. The film is a fascinating look into how laws are created with the best of intentions, but enforced in problematic and sometimes destructive ways. “A brave film... that forces us to think hard about our preconceptions”—Melanie Votaw. Following the showing of the film there will be a panel and participant discussion, registry restrictions, current monitoring and registration issues, transitions, and the impact of the work we do.

*Presented by Michael A. Schommer, MNSORP Vice Chair with the Minnesota Department of Corrections.*



*Michael began his employment with the Minnesota Department of Corrections in 2005. Through this employment he served as an Intensive Supervised Release Agent, High Risk Enhanced Agent, Juvenile Probation Agent, and Community Notification Coordinator. Michael championed the movement to integrate evidence based practices within the department. He is experienced with the complexities associated with sex offender reintegration; working directly with sex offenders, community members, and various professionals across the State of Minnesota for over a decade. Michael is committed to delivering factual information to community members so they may engage in healthy decision making based on reason, not myth. This process cultivates stronger family and community livelihood as we contribute to a safer Minnesota*

# HOSPITALITY EVENING

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## **Kat Perkins - “Dream It, Do It”**

Wednesday, October 25

Kat Perkins - record deals to finals on NBC’s THE VOICE, she lives a FEARLESS life and inspires audiences coast to coast. She has giving over 300 presentations in the past 18 months alone, sharing her message of living a Fearless life, the pursuit of dreams, and making a positive impact on the world.

Kat will be presenting on **Wednesday, October 25 at 12:30pm** during the Opening Remarks.

And be sure to join us **Wednesday evening at the Hospitality Night** to hear her perform her first single ‘Fearless’ and how to make fearless choices.

*More information to come.*

# WEDNESDAY, OCTOBER 25

1:30 - 3:00 p.m. Breakout Sessions

## Duty Related PTSD

ROOM NAME

This presentation describes Jennifer's journey through her police duty related PTSD diagnosis that ended her career. She will explain and define PTSD per the current DSM-5 criteria and will introduce her personal struggles, symptoms, etc. Jennifer will also describe how to recognize PTSD (or symptoms that can lead to it) in oneself and others. She offers resources and more, and explains how, with proper help, PTSD can be manageable and indeed NOT a career ender.

*Presented by Jennifer Zerwas Paulsen*

## Protective Orders - Who do they Protect?

ROOM NAME

This presentation will give an overview of the impact unwanted contact has on victims. It will give an overview of the various kinds of protective orders and answer questions about validity of each order.

*Presented by Lydia Newlin, Lori Sowada, and Lori Korts*

## Financial Wellness

ROOM NAME

You will receive an overview outlining important considerations related to retirement planning & protection strategies. Dan will describe how the financial planning process works. His goal is to educate others & help clients develop a plan designed to protect themselves & their loved ones from life's unexpected turns, as well as to develop tax-advantaged strategies designed to supplement client's pensions. Attendees will be inspired to think critically about what their current plan is, if one at all, & identify areas where they are vulnerable so preventative measures can be taken. Attendees will recognize the need to have a solid, comprehensive plan!

*Presented by Dan Athmann*

## You Can't Make Me B!+@h! Strategies for Working with Oppositional Youth

ROOM NAME

This workshop is designed for professionals who work with challenging youth. Standard disciplinary methods rely upon punishments and rewards, and typically tie the gain or loss of privileges to compliance with program rules. This workshop will provide tried-and-true techniques for managing defiance and non-compliance without the use of physical restraints, punishments, shaming or expulsion. Attendees will learn how to get buy-in and build relationships with distrustful youth.

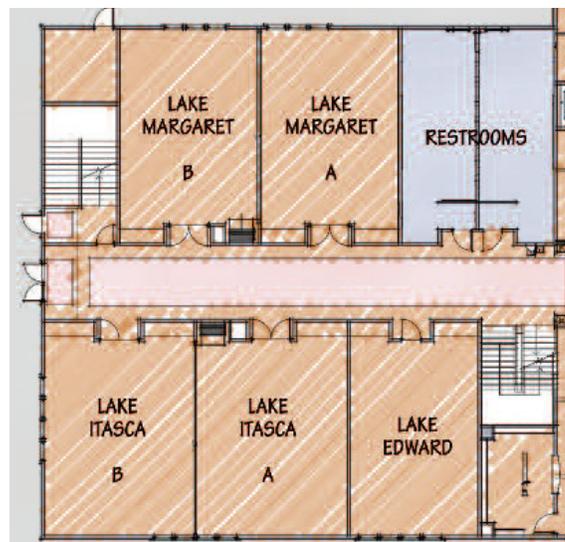
*Presented by Maude Dornfeld*

## Learning to Follow

ROOM NAME

Although only about 20% of our organization are in leadership positions, following gets a bad rap. It implies people who follow their leaders are sheep, and can't think for themselves. Rather, good followers support and aid leaders when they are doing the right thing, and stand up to leaders when they do something wrong or headed in the wrong direction. Many of the same qualities we admire in leaders—competence, motivation, intelligence—are the same qualities we need as followers. Moreover, it is imperative that leaders also know how to follow.

*Presented by Rose Widell, MINNCOR Industries*



**Gull Lake Center**

# WEDNESDAY, OCTOBER 25

3:15 - 4:45 p.m. Breakout Sessions

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## Exploring What Works

ROOM NAME

What is it that puts one offender on the right path, while so many others keep repeating the cycle? Statistics on recidivism provide an incomplete picture, because they are missing the human element. Chris Clennon shares his personal experiences and insights into how he became one of the success stories, despite spending 18 years in prison.

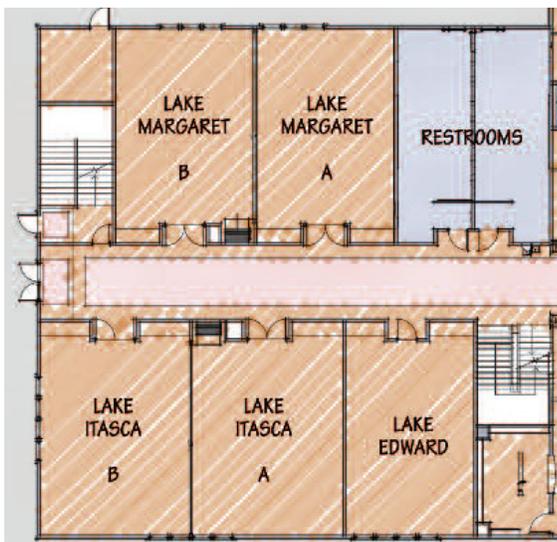
*Presented by Chris Clennon, Owner of Integrity Builders, LLC*

## Intergenerational Trauma Among African Americans: Implications for the Criminal Justice System

ROOM NAME

Researchers have relied upon institutional racism as a primary factor to explain disparities among African Americans in the criminal justice system. Some African Americans have achieved upward mobility and avoided the criminal justice system, despite likely experiencing the same institutional and systemic racism; other explanations should be pursued. This workshop will explore research related to intergenerational trauma among African Americans and the implications for the criminal justice system.

*Presented by Rosella Collins-Puoch*



**Gull Lake Center**

## Even Broken Crayons Still Color

ROOM NAME

In this workshop we will explore the cost of continuing with our current understandings and the benefits of adopting a new approach. We will explore how a new paradigm might allow us as professionals and the Offender population with whom we work to achieve new and enlightened potential for successful transition back into our communities. The time will be challenging, insightful, encouraging, and hopeful as we explore new options and possibilities.

*Presented by Rt. Rev. Martin Shannahan*

## The Four Fundamental Processes in MI

ROOM NAME

Participants will explore motivational interviewing through the third edition of Miller and Rollnick's work with focus on the guiding principle and four fundamental processes.

*Presented by Sandi Sostak and Karen Evans*

## Criminal History System and Probation Client Notification Updates

ROOM NAME

The BCA-MNJIS provides the gateway to criminal justice information. This session will include updates on two information sources probation officers use regularly. Probation Client Notification is being expanded to include more messages to probation officers about new criminal justice activities of clients. Currently, PCN only sends notices on new arrest bookings of clients. Notifications will be expanded to include the issuance of new arrest warrants, protective orders, criminal complaints and non-traffic citations. The BCA-MNJIS is rewriting the Criminal History System. This session will give an overview of the changes in searches, filtering, readability and overall usability of the new CHS.

*Presented by Carla Duellman and Gary Kalstabakken*

# THURSDAY, OCTOBER 26

8:30 - 10:00 a.m. Breakout Session

## Staff Professionalism - Why It Matters

ROOM NAME

An interactive session on why professionalism matters. This session will provide examples of how unprofessional behaviors impact the workplace, your emotions, and sometimes even your home life. It will help you think about your own behaviors and actions, and also give suggestions on what to say or do when a co-worker acts unprofessionally.

*Presented by Lisa Wojcik, Assistant Commissioner of Operations for the Minnesota Department of Corrections*

## Marriage and Schizophrenia: Eyes on the Prize - Improving mental illness through personal development and relationships

ROOM NAME

Personal experience of mental health symptoms, crisis intervention, and the unknown side effects of medication will be shared. The importance of quality relationships will be explained with examples of how to approach those with mental illness. The final topic will include personal development.

*Presented by Andrew and Stephanie Downing*

## Enhancing GPS

ROOM NAME

In 2011 the MN Legislature allowed judicial districts to pilot new domestic violence programs in their community. Ramsey County has operated their pilot program for the past 4 years with cooperation from the County Attorney's office, Ramsey County Community Corrections, and the Courts. How the program operates, the technology used for monitoring and responding to both perpetrators and victims, and the data collected from those 4 years will be shared along with lessons learned.

*Presented by Dennis J. Doffing, Mary Pat Maher, and Karen Altman*

## Somali 101

ROOM NAME

Yussuf Shafie, Alliance Wellness Center  
In delivering treatment to Somali individuals, specific cultural considerations affect the outcome. Participants will understand the basic cultural considerations in assisting Somali clients and families navigate treatment. Focus in on values, religion and the dos and don't in therapy.

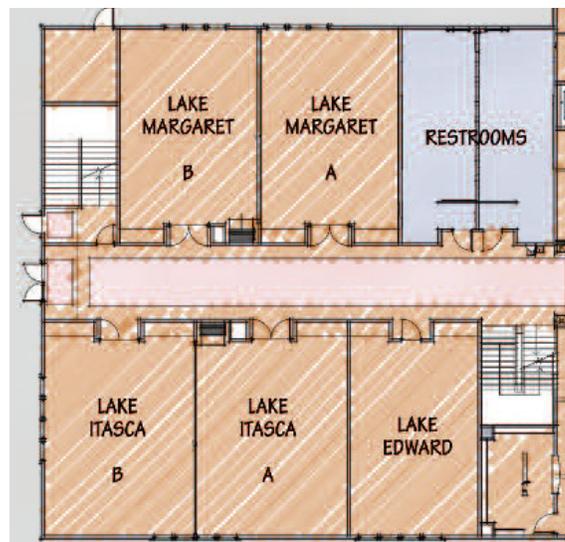
*Presented by Yussuf Shafie, Executive Director for Alliance Wellness Center*

## Behavioral Health in a Secure Juvenile Correctional Setting

ROOM NAME

This presentation will address behavioral health concerns within a secure juvenile correctional setting. Specific topics covered will include chemical abuse/dependency, mental health, and trauma. The presentation will also address how those factors intertwine, how they correlate with juvenile delinquency, and how they can be addressed within the juvenile correctional setting.

*Presented by Jessica Sundberg and Michelle Schmid-Egleston*



**Gull Lake Center**

# THURSDAY, OCTOBER 26

1:15 - 2:45 p.m. Breakout Sessions

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## Stalking Risk

ROOM NAME

Stalking Stalking victimizes over 7.5 million Americans over the age of 18 every year. It is marked by obsession and fixation on an identified victim and is a red flag for violence. This course will guide attendees through Minnesota's stalking statute and the dynamics of stalking. Special attention will be given to assessing stalking cases for the risk of future violence with an emphasis on case investigation and management.

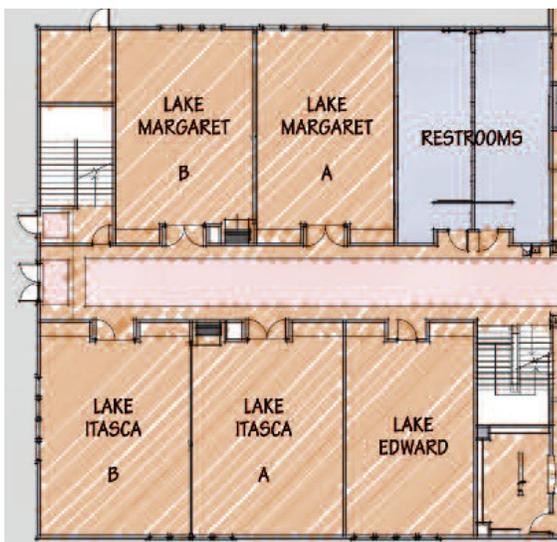
*Presented by Randy McAlister, Detective Sergeant with the Cottage Grove Police Department*

## Building a Better Approach to Juvenile Justice and Probation

ROOM NAME

The presenters will discuss how Pine County implemented the C-5 (community, collaboration, culture, change, choices) Victim-Offender Conferencing Program; and will discuss why they chose to build a restorative justice program, as well as how they engaged stakeholders. They will also share examples of Pine County's victories and challenges in restorative justice, and provide a roadmap as to how other jurisdictions can achieve similar successes in restorative justice.

*Presented by Reese Frederickson and Terry A. Fawcett*



**Gull Lake Center**

## Native Mob Rico Case

ROOM NAME

Identifying and tracking Native American Gangs. Intelligence information sharing with Law enforcement. Current/past crimes committed by Native American Gangs. The structure of Native American Gangs. The impact Native American Gangs have on communities. Current Native Gang Trends and Leadership. Native MOB RICO CASE, Outcome and Current activity of the Native Mob

*Presented by Jerry Wilhelmy, Investigator with the Minnesota Department of Corrections*

## Legislative Updates

ROOM NAME

*Presented by Cal Saari*

## MN Plan to End Homelessness

ROOM NAME

This presentation will provide you with an update on state plan to end homelessness and the efforts of the MN Interagency Council on Ending Homelessness. Over 60% of the 9000 homeless persons have prior involvement with the criminal justice system, many also with chemical, medical and mental health issues. As corrections practitioners' you will learn resources being developed to assist in making episodes of homelessness brief and infrequent. Homelessness is not just an economic issue but also a public safety issue; persons releasing or on community supervision need a safe and stable residence if they are to succeed in the community.

*Presented by Cathy tenBroeke, Ron Solheid, and Amy Stetzel*

# THURSDAY, OCTOBER 26

3:00 - 4:30 p.m. Breakout Session

## Using Thinking Reports

ROOM NAME

Research suggests that corrections professionals can influence change in clients and reduce post-release recidivism when they adhere to the principles of effective intervention and utilize certain Core Correctional Practices. One Core Correctional Practice focuses on the use of Thinking Reports as a way to restructure anti-social behaviors. This workshop will address when to use a thinking report as an intervention for cognitive restructuring and how to correctly fill one out, review it for feedback, and restructure thinking with a client.

*Presented by Bridget Letness and Sarah Gibbison*

## CIT

ROOM NAME

American jails are having to manage inmates with mental health conditions now more than ever. Crisis Intervention Team (CIT) training gives staff techniques to manage crisis. Discussion will be around the core elements of the 40 hour CIT class, use of professional actors as role players and the benefits of CIT for all. A demonstration of role play with a professional actor will be included.

*Presented by Patti Hecht-Kressly*

## Correctional Industries: Creating a New Workforce Through Rehabilitation

ROOM NAME

Correctional industries like MINNCOR provide the fundamental base to establishing a stable work ethic while aiding in the professional development of each offender. More than providing offenders stable employment, they teach valuable transferable skills that will allow them to be successful upon release. This presentation will discuss the success and power providing offenders jobs through correctional industries and supportive transitional programs.

*Presented by Michael Richards and Michael Hreha*

## Working with Justice Involved Women

ROOM NAME

The past 40 years has produced compelling research which indicates that gender matters with regard to a person's experience within the criminal justice system. This presentation will introduce participants to "gender responsive services" and will provide an overview of "what works with women" according to research. Specific items of discussion include: gender responsive probation supervision; gender-specific risk/needs assessment; case management strategies with justice involved women; gender specific programming; and outcome review.

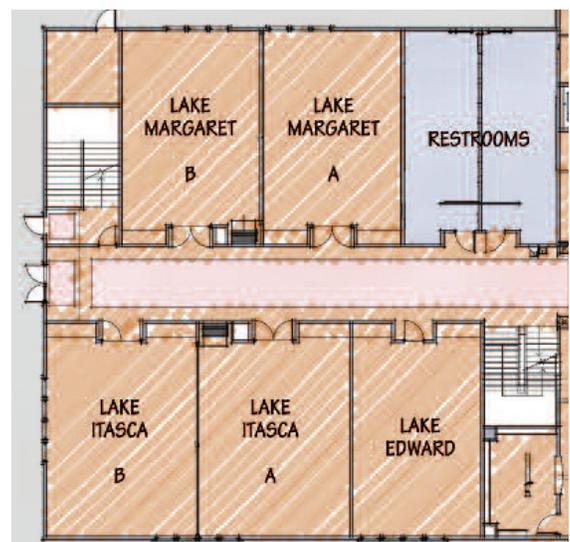
*Presented by Angela Brewer and Nancy Phillips*

## We Don't Need No Education

ROOM NAME

Join us as we present the educational path a student takes from intake to release. We will share the Master Academic Plan for correctional education, highlighting recent achievements and goals for the upcoming year. Learn the strategies employed to engage students to complete their high school diploma or GED and advance into post-secondary education. Current Pell grant programs will be featured along w/the Second Chance Act Technology Careers grant.

*Presented by Marcie Koetke, George Kimball, and Ruth Stadheim*



**Gull Lake Center**